

# Training Chicago

## 24-HOUR CANCELLATION POLICY

In order to maintain consistency in scheduling, and account for all clients needs on a regular basis, I ask that you give 24 hours of notice should you need to cancel or reschedule an appointment. **If you cancel your appointment within 24 hours of the scheduled time, you will be charged for that session.**

This 24-hour cancellation policy helps keep client committed to their program and eliminates making other things a priority that often get in the way of sticking to an exercise program. If you are not consistent with your program, it is difficult for me to help you obtain the results you desire.

On occasion, I may need to cancel or reschedule with you, and I will also be considerate of your time.

Thank you and I hope you enjoy your sessions.

I have read the above and understand the 24-hour cancellation policy.

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Signed

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Date